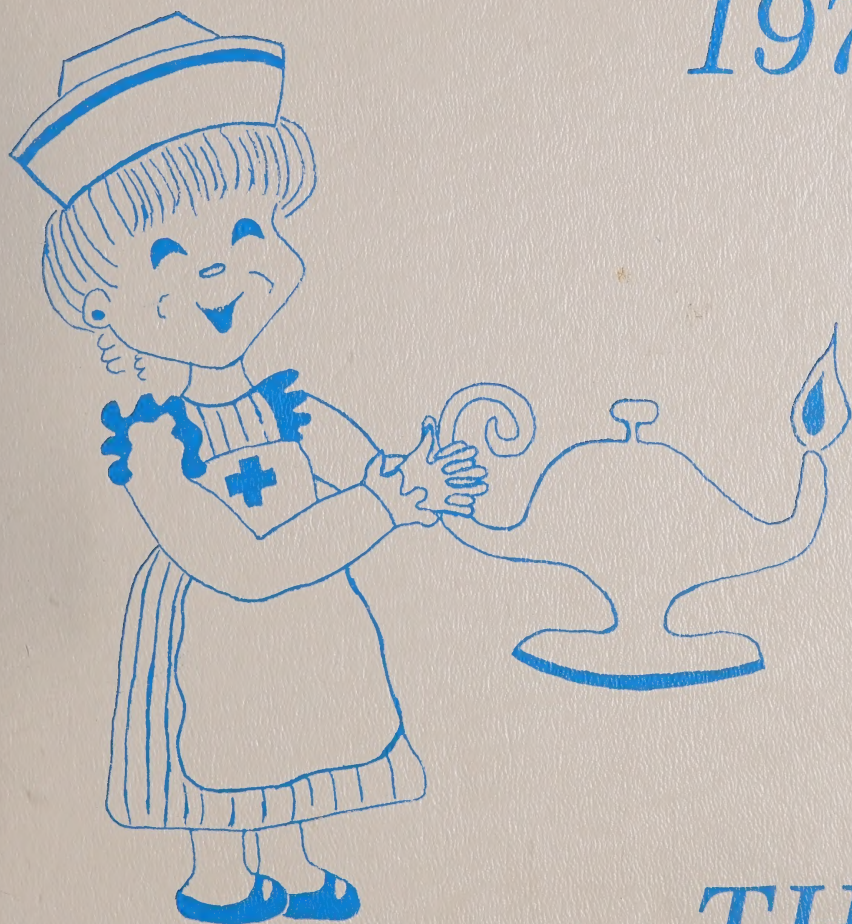


1977



THE
LIGHTED
LAMP

S. Bradner



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North Carolina Digital Heritage Center



The Lighted Lamp

High Point Memorial Hospital School of Nursing
High Point, North Carolina

1977

Moments To

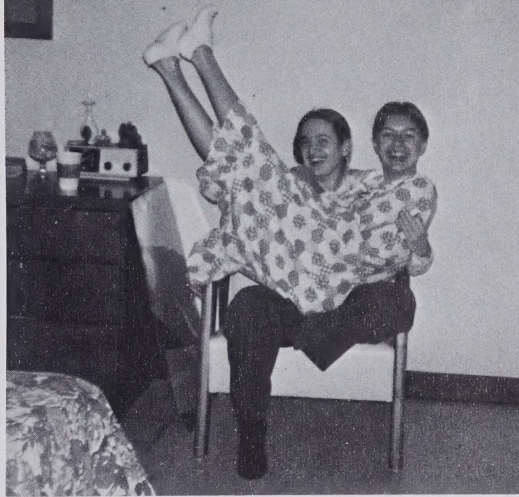
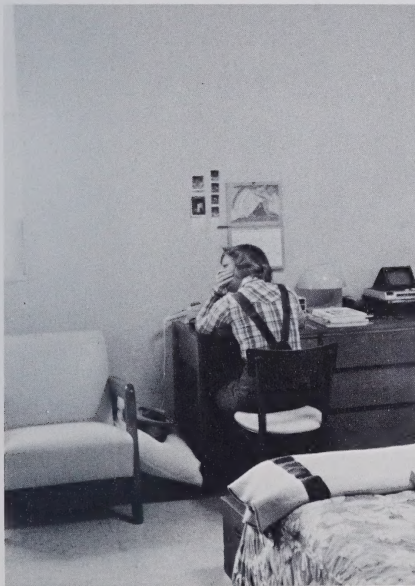


Memories are heartbeats
Sounding through the years,
Echoes never fading
Of our smiles and tears.

Moments that are captured
Sometimes unaware,
Pictured in an album
Or in a lock of hair.

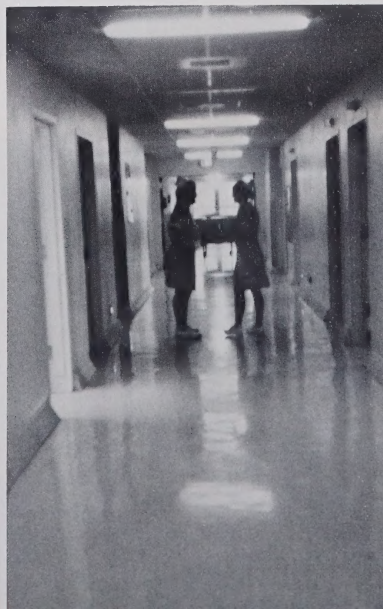


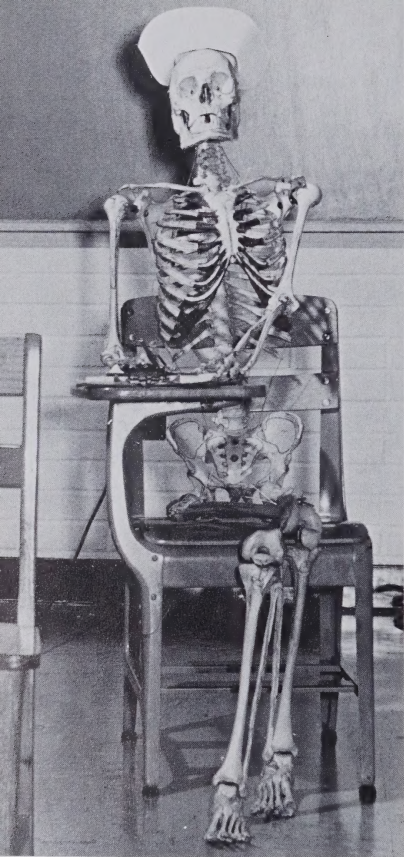
Remember



Through the musty hallways
Of the days we knew,
Ever comes the vision
Beautiful and true.

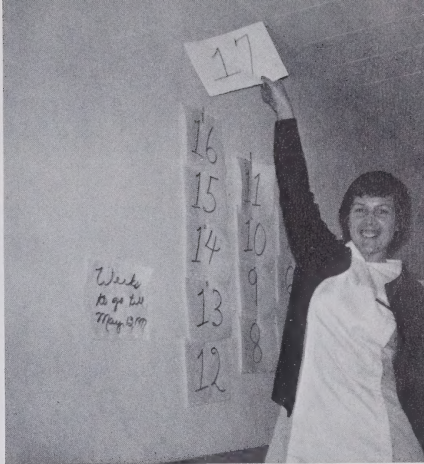
Images that linger
Deep within the mind,
Bit of verse we cherished
Once upon a time.



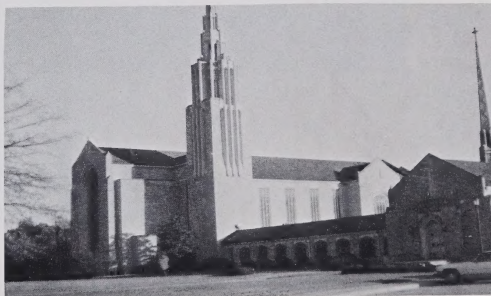


Memories are roses
 Blooming evermore,
 Full of fragrant sweetness
 Never know before.





Life must have a meaning
Goals for which to strive,
Memories are lights that burn
To keep the heart alive.



In Dedication



One day, a lady came to our school and entered our lives. She became involved in every facet of activity here, giving of herself and her time. From advising us with Student Government to "warm fuzzies" at Butner, she touched each life here.

She brought us some new ideas and taught us a new, fresh way of nursing. As we begin nursing, she will be remembered as the kind of nurse each of us would strive to be.

Thank you for all you've done. We love you, Ms. Beckie Knight.

They may not need me; but they might.

I'll let my head be just in sight;

A smile as small as mine might be

Precisely their necessity.

Emily Dickinson

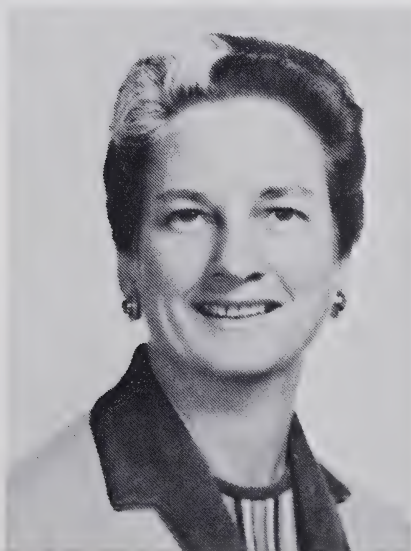


To the Faculty and Staff of H.P.M.H. School of Nursing:

Many times we've consulted you and you have helped. We will remember you all and the knowledge you have given us as we begin our career in nursing.

Much love and thanks,
The Class of 1977

In Memoriam



Dr. Brenda Kay Williams

1926-1976

"Kindness is more important than the hurley-burley."

Dr. Kay Williams grew up in Zebulon, N.C. and graduated from Bowman Gray School of Medicine in 1952. She interned at many hospitals in the nation. In 1958, she began a private practice in High Point. She was a wonderful person with great compassion and understanding for humanity. She was generous with time and money and was also concerned about the welfare of others. Dr. Williams was affiliated with many local, state, and national medical organizations, but her most important affiliation was with Jesus Christ.



Mrs. R. Adams



Mr. and Mrs. J. Shaw



Mr. and Mrs. F. Dozier



Mr. and Mrs. D. Woodford

Mr. and Mrs. G. Maness

Mr. and Mrs. C. Crawford



Mr. and Mrs. H. Darr Mr. and Mrs. R. Williams

Mr. and Mrs. C. Humble



Mr. and Mrs. W. Meredith



Mr. and Mrs. J. Weavil



Sometimes

Sometimes, not often enough,
 We reflect upon the good things
 And those thoughts always center around
 around those we love
 And I think about those people who mean so
 much to me
 And for so many years have made me so very
 happy
 And I count the times I have forgotten to say
 "thank you"
 And just how much I love them.

Written by Felice Mancini
 Recorded by the Carpenters

Not pictured
 Mr. and Mrs. R. Benner
 Mr. M. Nooe



Mr. and Mrs. G. Gallimore



Mr. and Mrs. F. Glaesner



Mr. and Mrs. B. West



Mr. and Mrs. C. Peace

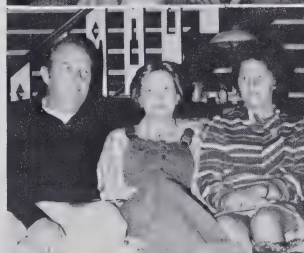
Mr. and Mrs. E. Snow

Mr. and Mrs. A. Diggins

Too often, we don't take the opportunity to express our thanks to the ones we love. It is for this reason that we lovingly dedicate these two pages of our yearbook to you, our parents, for being there when we needed you.

With much thanks and love,
Your Daughters

The Class of 1977



Mr. and Mrs. F. Warford

Mr. and Mrs. H. Naylor

Mrs. R. Reynolds

Mr. and Mrs. R. Morana

Mr. B. Foster

Mr. and Mrs. D. Patterson

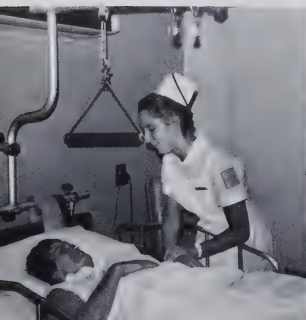


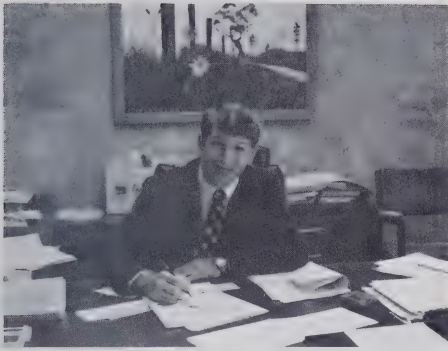


NURSE

The devil full of evil glee,
With all his devilish ease,
For mankind brewed a potion
And labeled it disease.
Then out of the depths of his hatred
And out of his deep disdain,
He mixed a wicked powder
And this he labeled pain.
Then God made a lovely creature
To counteract the curse
And when he had her finished,
He simply called her Nurse.

Clement L. Lockwood





At work

ADMINISTRATION

Administrator
David Lopp



At play



Director of the School of Nursing — Miss Lucille Weatherman





Mrs. Linda Cook



Ms. Beckie Knight



Mrs. Judy Loftin



Mrs. Mary Clayton

FACULTY





Mrs. Harriette Saunders



Mrs. Kathleen Ingram



Mrs. Bobbie Hunt

Dr. Roy Epperson
 Dr. Ron Hughes
 Mr. Richard Lohrman
 Mrs. Brenda Madden
 Mr. William Cope
 Mrs. Lundee Amos
 Mr. Richard Beavers
 Mrs. Margie Hawkins
 Ms. Nancy Harris
 Mrs. Brenda King
 Mrs. Chris Emory

Mrs. Elizabeth Blackley



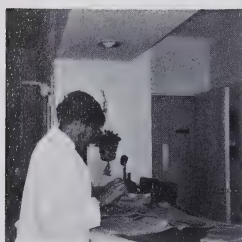
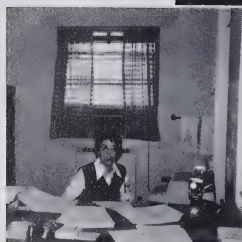
Mrs. Carol Carter



Miss Annie Robinson



Mrs. Ella Wall
Mrs. Pearl Conrad
Mrs. Lillian Gunter
Mrs. Betty Morrison



Mrs. Hilda Bodford

HOUSEMOTHERS AND STAFF

PHYSICIANS

As freshmen, we stood in awe when they passed in the hall; as Juniors, we found out little idiosyncrasies of some; and now as Seniors, we are able to still hold great respect for them, yet feel at ease because we realize too, that they each have their own unique personalities. Now as we branch out to other hospitals, we carry with us what we have learned from these doctors and we realize that always there will be a special place with us for the doctors of High Point Memorial Hospital.

Internal Medicine

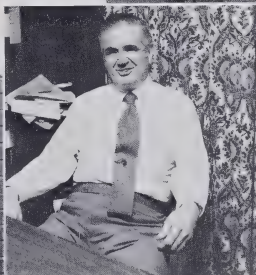
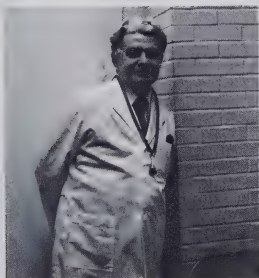
Fortney



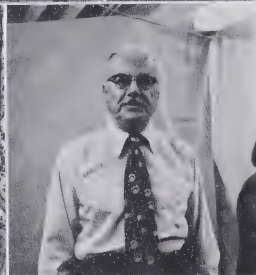
Miller



McAnally



Hunt

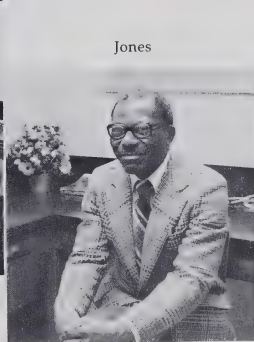


J. Slate

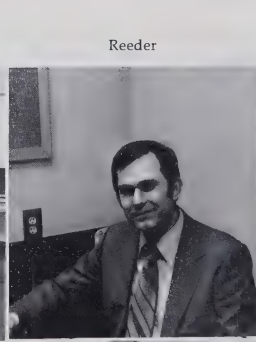
Chiles



Jones



Reeder



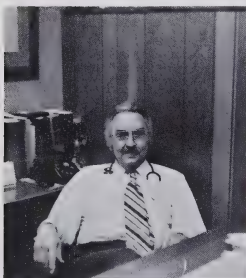
Terrell

Terrell

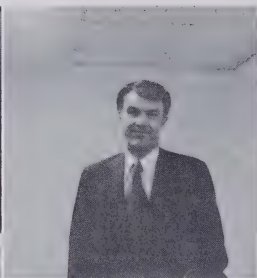
Jennings

Haworth

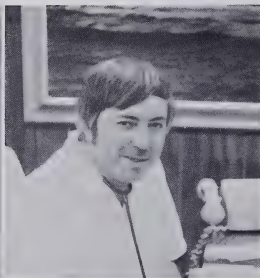
Internal Medicine (cont.)



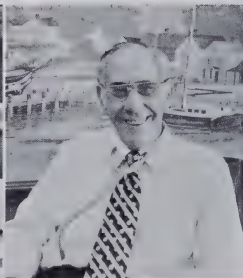
Parks



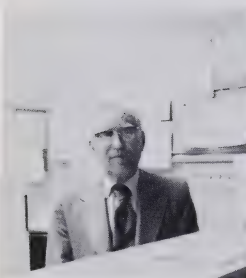
Auman



Wallace



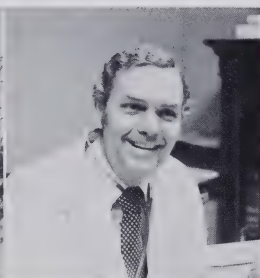
Averett



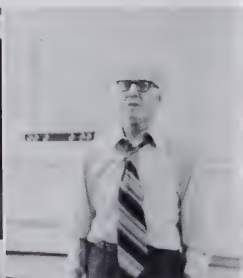
Flythe



Arnold



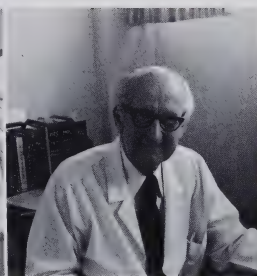
Joyce



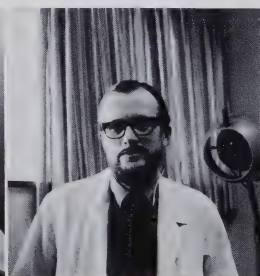
M. Slate



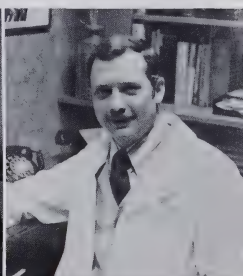
Benson



Tyson



Cox



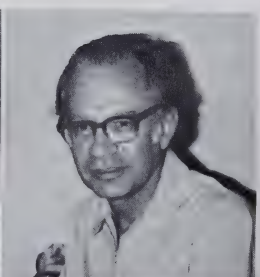
Crowell



Cheek



Robinson



Sargeant

Not Pictured:
Tillman



Donald
Errico
Harrell

Oral Surgeons

Hinson
Fuhr



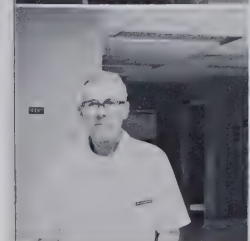
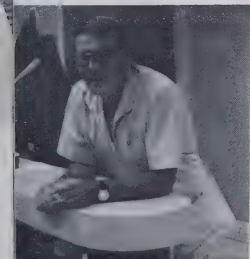
Little
Hartig



dentists

Emergency Room

Brigman
Newell
Fitzpatrick

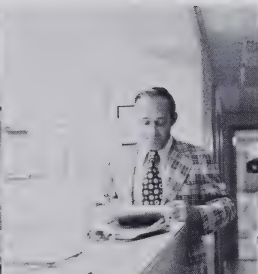


Not Pictured
Templon
Johnson

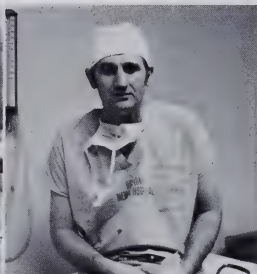
Surgeons



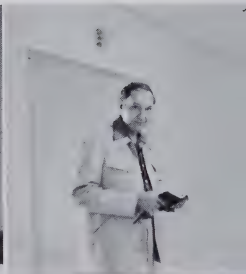
Carr



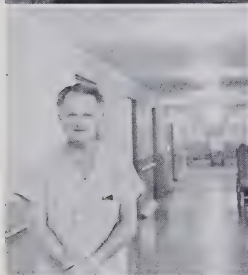
Canipe



Biesecker



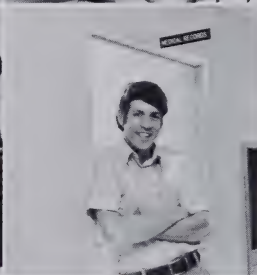
Douglas



Ingram



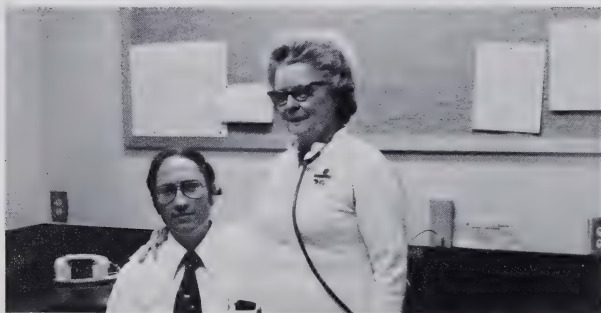
Parham



Howell



Brockman

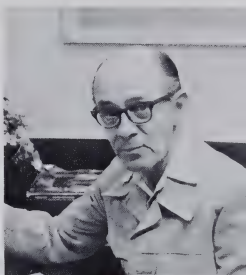


Wood

Marlowe

Noah

Schafer
Johnson



Orthopedics



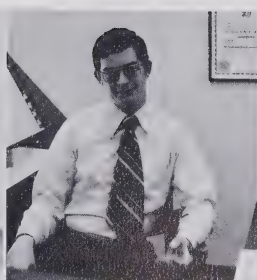
Radiology



Gray



Croom



Harriss

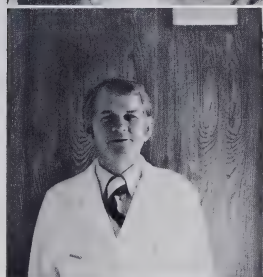


Tester

Markham



Dermatology



Gill
Jennings

Pathology



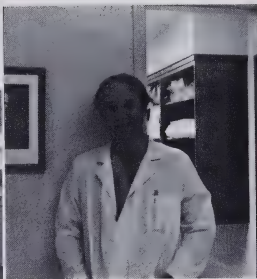
Valet
Escue

Higgins
Roberson

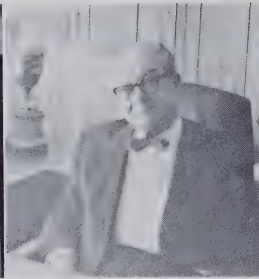
Anesthesiology



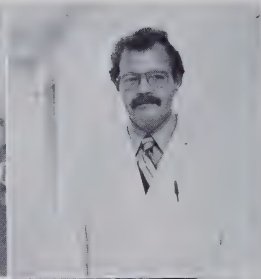
Hussey



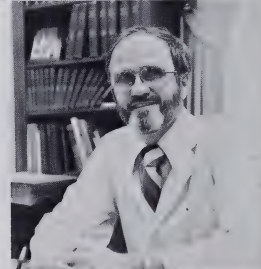
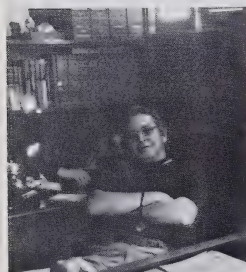
Johnson



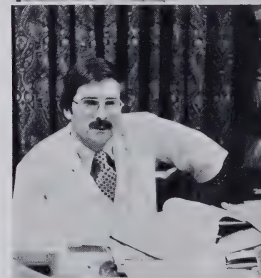
Martinez



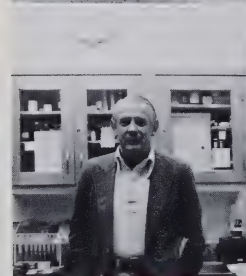
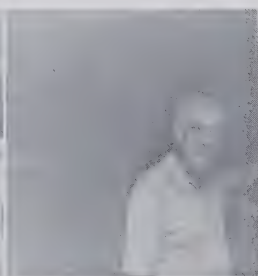
Bridgers



Pediatrics



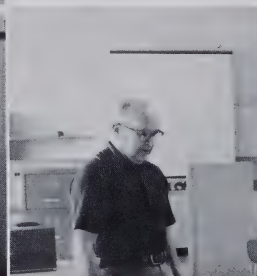
Akers
Brooks
Rowe



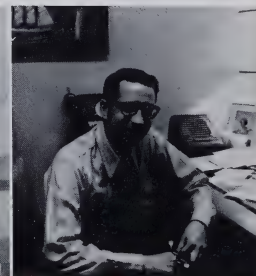
Michal
Lynch



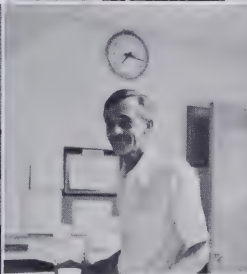
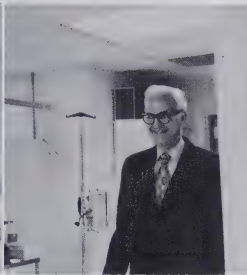
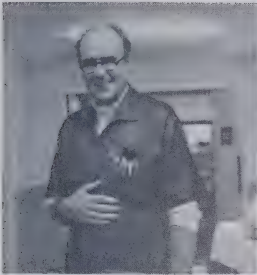
Geddie
Bernthal



Aderholdt



McFalls

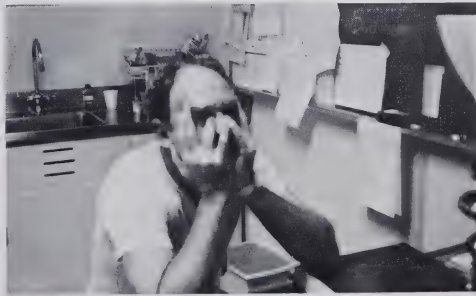


Arthur
Cross

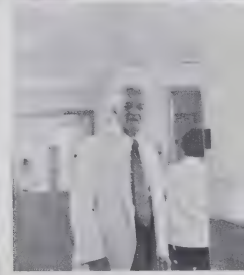
Warburton
Bennett



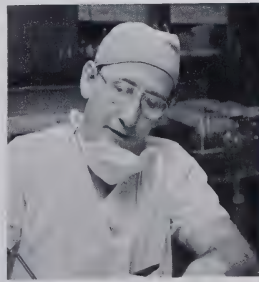
Farrington
Hoffman
Busby



Fulton
Crawford
Tyson



Ear, Nose and Throat



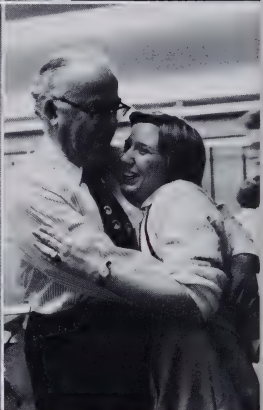
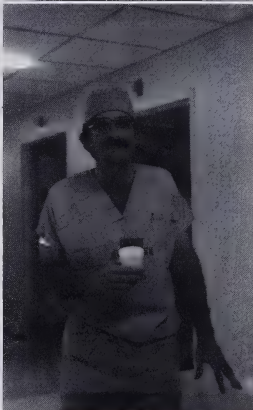
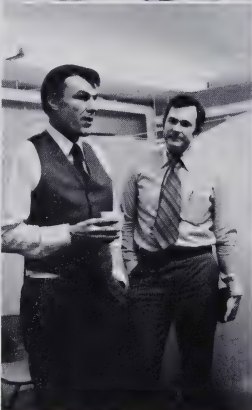
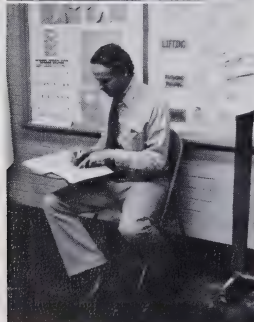
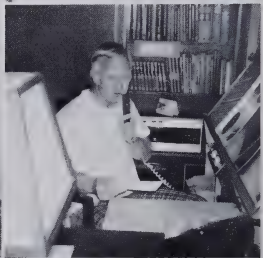
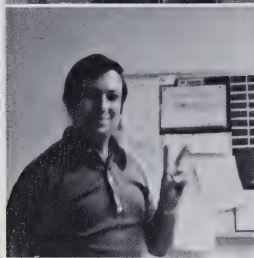
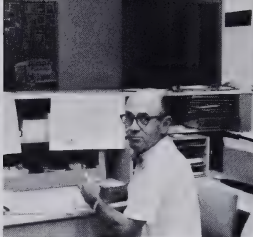
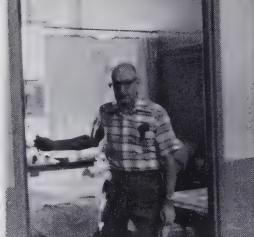
Geniec



Picklesimer



Keever



A DAY IN
THE LIFE OF
A DOCTOR!!



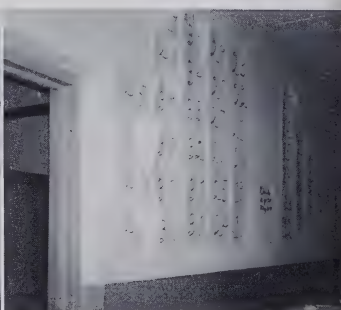
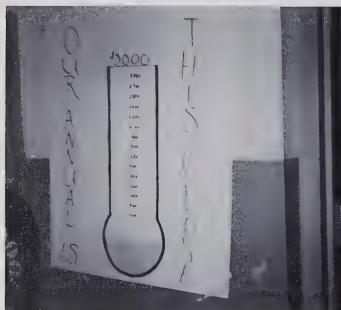


CLASS OFFICERS: (L-R) Debbie Dwiggins — Vice President; Kathy Peace — Secretary; Debbie Adams — President; Anette Snow — Treasurer.



FLOWER: Yellow Rose
COLORS: Yellow and Green

ADVISOR: Mrs. Kathleen Ingram





AFTERNOON DELIGHT!



You want me for the Roller Derby?



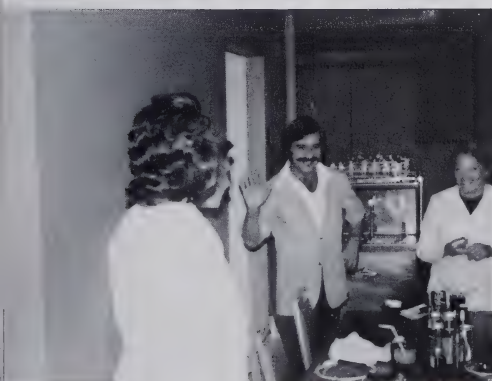
Shake your B-O-O-T-I-E!



The Tourist.



I just luv hamburgers!



For he's a jolly good fellow!



The winner of the 1976 dance contest is . . .

OUR PSYCHIATRIC AFFILIATION



PSYCH. is-
Finding out what constipation is really all about.
Wondering who were the patients and who were the technicians.
PROCESSED RECORDINGS.
A disturbed mother-child relationship.
Volleyball, anyone?
Never having toilet paper.
Leaving the hospital cafeteria and gaining 10 pounds in the process.

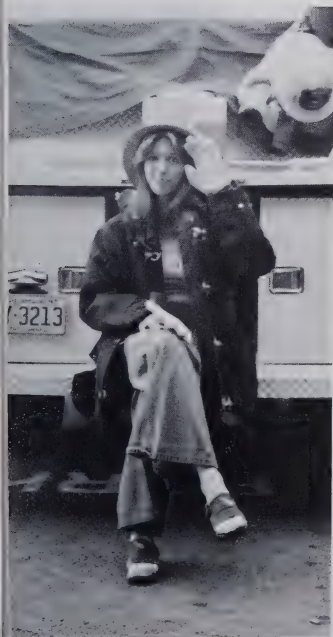




I now pronounce you man and wife?



One of the few quiet moments.



A salute to the bicentennial.



SMILE!

MAY 1, 1976

THE NIGHT THE LIGHTS WENT OUT



In the little town of High Point there were some student nurses who wanted very much to have a Spring prom. They worked really hard while at Butner making hula girls, treasure chests, and other various decorations. Afterwards, they vigorously scrubbed the carpets and the walls that had been splattered with paint. And then they had to lug all of this back to High Point in the back of an El Camino in pouring down rain.

That Friday afternoon, several of the girls got together in the Nutrition Lab at school to prepare the refreshments. The morning of the prom was spent decorating the Moose Lodge.

Little did they expect the surprise that was awaiting them that evening. Everyone had gone all out to look their best, but for what?! When they got there with their dates, there were no lights, no electricity, no nothing, all because of a dumb old storm.

An hour and a half was spent by romantic candlelight while musicians tried to raise their spirits by singing without microphones and shaking tambourines. Fortunately, the lights did come back on and everything got under way as planned.





BLACK BAND TEA

Bringing all
one step closer to the
ultimate achievement . . .
GRADUATION!





What Is a Student Nurse?

Student nurse: patients love her, doctors tolerate her, surgeons scream at her, instructors hide from her, head nurses ignore her, housemothers pray for her, Heaven helps her, and mothers love her.

Student nurse: no one else can give nine complete baths, five SS enemas, one hundred and twenty-three injections, lose seven Bic pens, fill eighteen croupettes, take twenty-five a.m. TPR's, and emotionally support seventeen women patients in one day and still get along with her roommate.

Student nurse: she is so darling with Demerol in her hair, Solu-B down her uniform, hot coffee in her shoes, bathroom tissue in her pocket, fruit gum on her medicine tray and Betadine nail polish. She is the picture of love to the geriatric patient, wisdom with a pile of worksheets, "our baby" to Mom and Dad, and the future with a newborn in her still childish arms.

No one on earth loves weekends more, has such an enormous appetite, gets blamed for so many things, faces so many empty mailboxes, and can still tolerate lettuce and round pieces of "meat" for dinner.

No one else can sleep through class, pretend to enjoy a guest lecture, fail so many pop tests, write so many bibliographies on unread articles, avoid so many library fines nor receive so many handouts. She does all this and then ends up at Butner where she talks carefully, lives on McDonald's hamburgers, yells at cows, is the "queen" at patient dances, walks the estate daily and during all this, checks for her keys hundred times.

She comes in dead tired with aching feet and weak hands, yet stays up as late as possible, then tells everyone good-night, gives her shoes a swab, crawls into a half-made bed full of stuffed animals, paper clips, and popcorn kernels, sets her clock for 5:30 a.m. and says, "don't forget to check in on me in the morning."

She came a girl, she leaves a woman; she came a teen, she leaves a young adult; she came untrained, she leaves a professional; she came for herself, she leaves for others; she came with love and she leaves . . . a nurse.

Crisp 'N Cruls
Presbyterian Hospital
Yearbook 1970

Debbie Sue Adams
Winston-Salem, N.C.



I do not know what the future holds
Of joys, of pain, of loss or gain
Along life's untrod way;
But I believe, I can receive
God's promised guidance day by day.



Cindy Jane Crawford
Greensboro, N.C.



Where there is faith,
there is love.
Where there is love,
there is peace.
Where there is peace,
there is God.
Where there is God,
there is no need.

Myra Ann Darr
Thomasville, N.C.



I am only one, but I am one.
I cannot do every thing, but I can do something;
And what I should do and can do, by the Grace
of God
I will do.

Deborah Lynn Dwiggins
Winston-Salem, N.C.



And we wonder where we're going
Where's the rhyme, where's the reason
And if you cannot accept
It is here we must begin
Seek the wisdom of the children
And the graceful way of the flowers in the wind.
They're a promise of the future
And the blessing for today.

John Denver



Elaine Benner Evans
Greensboro, N.C.



You cannot do a kindness too soon, because you never know how soon it will be too late.



Beth Renee Foster
Greensboro, N.C.



Yesterday is gone
tomorrow may never
come but always
there is today.
And today is an
ever-present opportunity
to make ourselves
and those around us truly happy.

Linda Kay Gallimore
Burlington, N.C.



God grant me the serenity to accept the things I
cannot change; courage to change the things I can,
and wisdom to know the difference.

Brinhold Nirbuhr

Shelia Gayle Humble
Liberty, N.C.



If man does not keep pace with his companions,
perhaps it is because he hears a different
drummer. Let him step to the music which he
hears, however measured or far away; for every
man being unique is a blessing of God and a
beauty of God's handwriting.

Thoreau



Pamela Kay Maness
Liberty, N.C.



Our greatest triumph is not in never falling but in rising everytime we fall.



Cynthia Marie Morana
Greensboro, N.C.



God grant me the serenity to accept the things I cannot change; courage to change the things I can, and wisdom to know the difference.

Janet Patterson Nance
Moravian Falls, N.C.



Before befriending butterflies
you have to meet with midnight moths.
Perspective comes where poles
are far enough apart

to have horizons at both ends.

— Rod McKuen

Janice Kaye Naylor
Fort Worth, Texas



If I can stop one Heart from breaking
I shall not live in Vain
If I can ease one Life the Aching
Or cool one Pain
Or help one fainting Robin
Unto his Nest again
I shall not live in Vain.

Emily Dickinson



Terri Lynn Nooe
High Point, N.C.



Happiness is as a butterfly which, when pursued, is always just beyond your grasp, but which, if you will sit down quietly, may alight upon you.



Kathy Mae Peace
Thomasville, N.C.



Trust in the Lord with all thine heart;
and lean not unto thine own understanding.
In all ways acknowledge Him, and He shall direct
thy paths.

Proverbs 3: 5,6.

Laura Ann Reynolds
Pleasant Garden, N.C.



God, give me sympathy and sense,
And help me keep my courage high;
God, give me calm and confidence,
And-please-a twinkle in my eye.
Amen

Margaret Bailey

Neena Shaw Smith
Thomasville, N.C.



Strive always to be your best.
Like yourself — accept your mistakes
Seek Eternal guidance in all you attempt
And success will surely be yours.



Paula Dozier Snipes
High Point, N.C.



To work, to help, and to be helped, to learn sympathy through suffering, to learn faith by perplexity, to reach truth through wonder, behold! this is what it means to prosper, this is what it is to live.



Peggy Anette Snow
Durham, N.C.



Happy is the man that findeth wisdom,
and the man that getteth understanding.
Proverbs 3:13

Deborah Lynn Warford
High Point, N.C.



Each of us needs someone to believe in, to grow with, to reach out to when personal limitations become unbearable . . . no man is an island.

Myra Dawn Weavil
Kernersville, N.C.



Love is very patient and kind, never jealous or envious, never boastful or proud, never haughty or selfish or rude . . .

There are three things that remain — faith, hope, love — and the greatest of these is love.

I Corinthians 13:4, 5, 13.



Kathryn Suzanne Williams
Winston-Salem, N.C.



I can do all things through Christ which strengthen me.

Philippians 4:13



Tanya West Williams
Kernersville, N.C.



Trust in the Lord with all thine heart; and lean not unto thine own understanding.
In all thy ways acknowledge him, and he shall direct thy paths.

Proverbs 3: 5-6

Cindy Drucilla Woodford
Burlington, N.C.



The little things are most worthwhile
A quiet word, a look, a smile,
A listening ear that's quick to share
Another's care . . .
Though sometimes they may seem quite small,
These little things mean most of all.

Margaret Lindsey

Susan Meredith Younger
Jamestown, N.C.



I shall not pass this way again. Any good thing
that I can do, or any kindness that I can show, let
me do it now! Let me not defer it or neglect it. For
I shall not pass this way again.

Stephen Grellet



OBSTETRICS



O.B. is —

Giving 9:00 meds by 8:30.

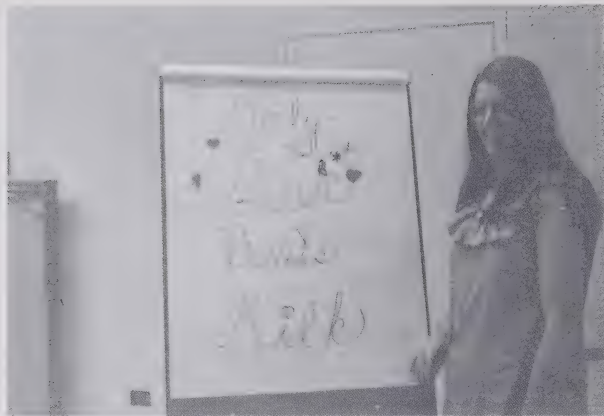
Singing to an infant when you can't carry a tune.

Checking the fetal heart rate when you can't count that fast.

Doing your drug sheets and study guides in the first few weeks in hopes to get ahead, but finding out you're still behind.

Watching the fathers turn pale as a sheet while their wives are doing all the work.



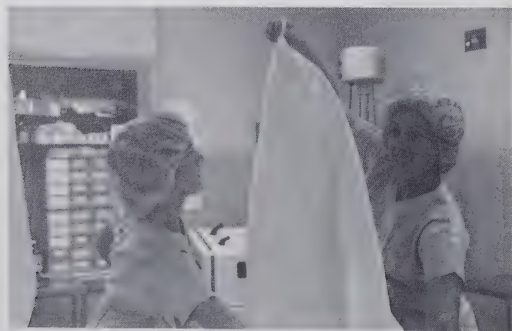
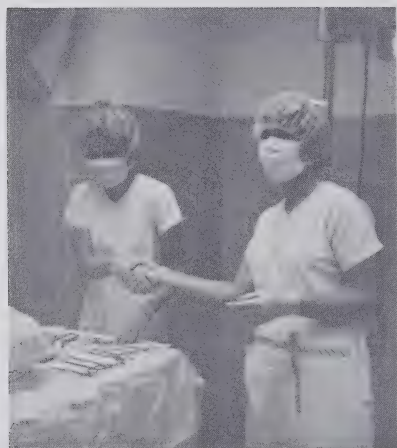


OPERATING ROOM

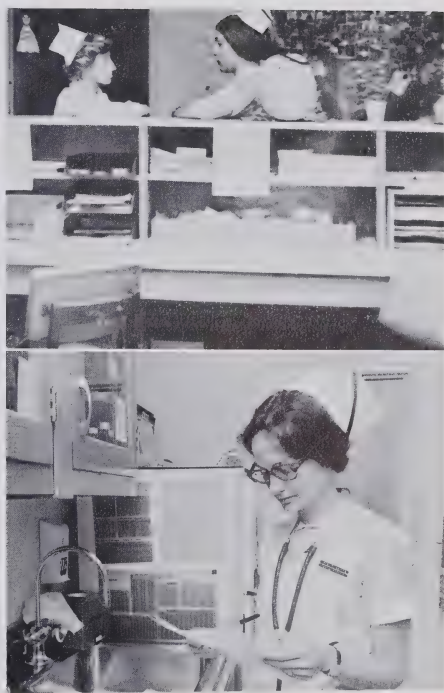


O.R. is —
Having your nose itch during an entire case.
I'm going to take your blood pressure now, take a deep breath.
Holding retractors until you think your arm is about to fall off.
Learning not to take criticism personally.
D&C's, laparoscopic tubals, and hysterectomies.
Scrubbing for 10 minutes to find that you forgot to put your mask on.





PEDIATRICS





PEDIATRICS is —

Getting off the floor totally exhausted,

but not from work, but from playing.

Instantly becoming a mother.

Fighting with the cribsides.

T & A's.

Changing the sheets in O.R.

Learning how to be a child all over again.

Ice cream and milkshakes.

Taking at least TWO people for ONE injection.

Runny noses.

A pinworm epidemic.

THE DAY WE OFFICIALLY BECAME JUNIORS



CLASS OF '78



Sandy Andersen



Kathy Ashby



Rhonda Gail Cranford



Lisa Gambill



Teresa Greer



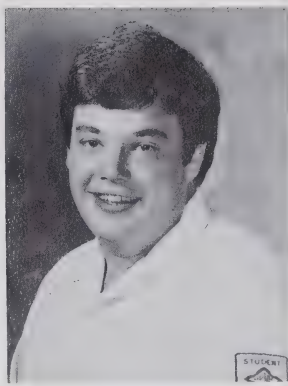
Susan Howell



Joanna Jarrell



Theresa Jenkins



Reggie Jones



Linda Sue King



Betty Kirk



Debra Linville



Denise McDaniel



Debbie Phillips



Jackie Phillips



Janet Phillips



Donna Reavis



Kathy Smith



Cathy Snipes



Kathy Upchurch



Lynn Williams



Theresa Younts

"HOME" AWAY FROM HOME



At the end of a day's work

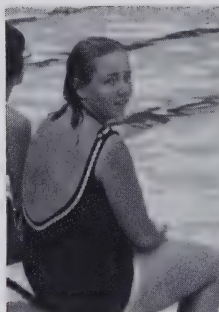


Instead of getting better, the food is getting worse





Just can't live without them



What are you doing in here?



I'm going to wring your neck!



Save water . . . take a bath with a friend



Calling for pizza delivery



This is better than studying



You just wait! I'll get you!



On the count of three . . .



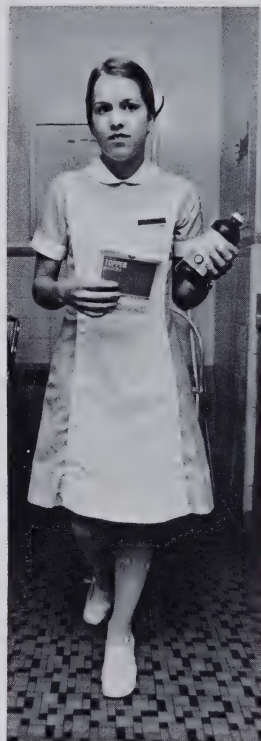
Getting away from it all



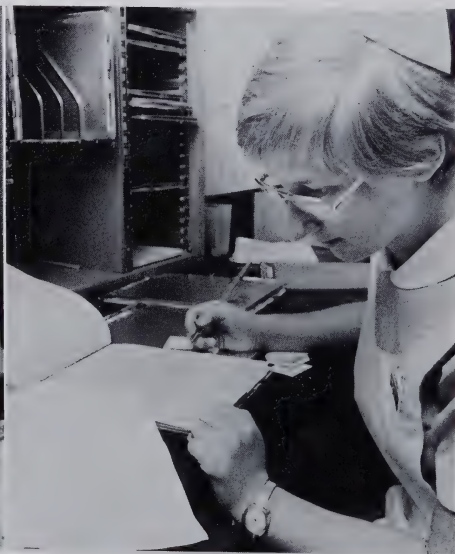
THINGS WE DO AS A STUDENT



What am I suppose to hear?



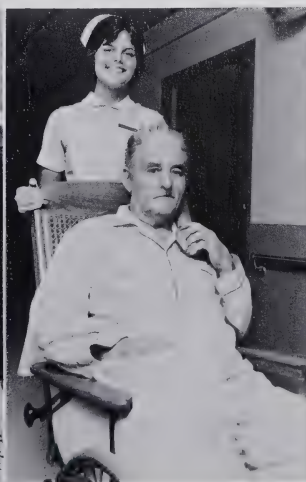
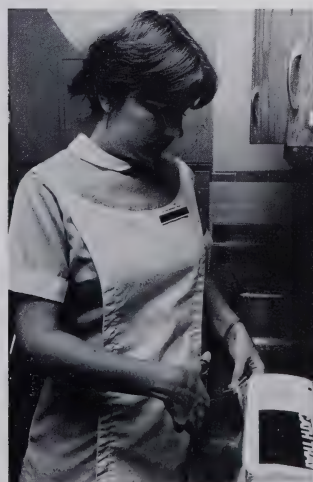
I know it was there four hours ago



Looking busy



Trying to read these orders!



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FLOWER: Long Stem Pink Rose
with Baby's Breath



Jackie Phillips — treasurer, Betty Kirk — secretary, Kathy Upchurch — project chairman, Debbie Phillips — president, Kathy Smith — vice-president

More of the Good Times



Can it be?



1 and 2 and . . .



"You gotta be kiddin'."







"I love you Santa."



"C.J.C come on down!"



"Sexy legs compliments of the faculty."

Christmas . . .



"A beautiful labor of love."



"Wonderful food and a fine hostess."



"Mrs. Escue welcomes a guest."

A time of sadness, a time of joy.
This would be our last big sister-little sister party
since the school was closing, but it was a happy
time.

It was a busy season of attending Christmas teas
and Advent ceremonies, exchanging gifts, caroling
in the hospital, and a visit from Mr. Christmas
himself . . . Santa Claus!



"Solemn moments during the Advent service."



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Janice Naylor, first vice president



Kathy Smith, second vice president



Beth Foster, secretary



Cathy Snipes, treasurer



Susan Younger, parliamentarian



L-R: K. Smith, C.
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Myra Weavil

ANNUAL STAFF

DEDICATION,
DISTRESS
AND
DISMAY . . .



. . . brought
these
memories of
such HAPPY
DAYS!!!

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Cindy Crawford

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Myra Darr
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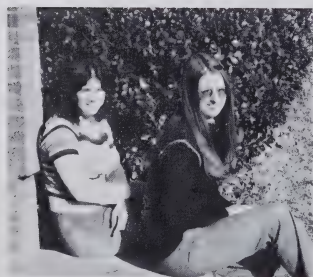
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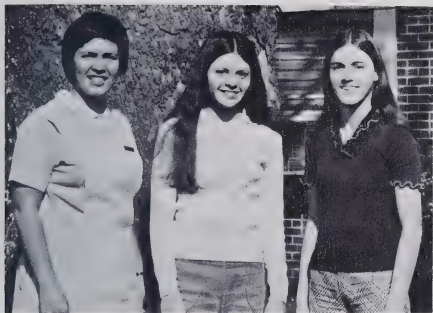


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Debbie Dwiggins



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Laura Reynolds
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Kathy Peace

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Terri Nooe
Anette Snow
Pam Maness



YEARBOOK ADVISOR

Mrs. Saunders



This last shipment of layout ends a lot of blood, sweat and tears for the Class of '77. No mistakes are intentional. Through it all, I have received nothing but complete cooperation.

To my staff, for your many hours of labor and putting up with me, I THANK YOU! I love you all!

To all of our advertisers, I hope your advertisement is as beneficial to you as it has been to us. Thank you for your patronage.

SHARON TEAGUE, thank you for your ideas and inspiration.

Thank you physicians, especially Dr. V.O. Roberson.

Without your contributions all our work would have been for nothing. Thank you for pulling us through.

May God bless each of you always,

Cindy Crawford, Editor



AND THAT'S THE WAY IT WAS

Dr. Epperson, my bunson burner is on fire!

Wednesday — the night for togetherness.

Did you study this weekend?

Myra Darr . . . TELEPHONE!!

No mail again.

Stalag 13. There is no escape!

Who said it gets easier?

I just couldn't believe it!

Let's run away.

Neenaw . . .

FLUSH!!!

Antisexual?

That building is falling!

What did I do to deserve this?

And when we get behind closed doors . . .

Have you got an outtie or an innie?

Did you see Dr. Crawford's new hairdo?

On the 11th hospital day, Mr. Osgood voided 26,500 cc.

I love how you squeeze me, squeeze me, squeeze me . . .

These are the hardest chicken tenders.

Are you getting the flu shot?

I about fell out.

That's a big mama!

Lilies and Pansies

15 minutes!!

Star Trek's on.

Yankee . . .

Hey Turkey!

Somebody sell an ad.

You have an anal personality.

Ned Clark wants to meet with us.

They can't do that to us— can they?

What did you think about that test?

Where are you going to work?

How many more days?

Friday, May 13, 1977

Friends With You

What a friend we have in time,
Gives us children, makes us wine.
Tells us what to take or leave behind.

And the gifts of growing old
Are the stories to be told
Of the feelings more precious than gold.

Friends, I will remember you,
Think of you,
Pray for you.
And when another day is through
I'll still be Friends With You.

Baby's days are never long.
Mother's laugh is baby's song,
Gives us all hope to carry on.

Friends, I will remember you,
Think of you,
Pray for you.
And when another day is through
I'll still be Friends With You.

My friends, I will remember you,
Think of you,
Pray for you.
And when another day is through
I'll still be Friends With You.

Written by Bill and Taffy Danoff
Recorded by John Denver

SENIOR DIRECTORY

Debbie Adams
50 Arita Circle
Winston-Salem, N.C. 27215
767-0615

Cindy Crawford
622 Mobile St.
Greensboro, N.C. 27406
275-2228

Myra Darr
Rt. 1 Box 748
Thomasville, N.C. 27360
475-5103

Deborah Dwiggins
1116 Old Hollow Road
Winston-Salem, N.C. 27105
767-4293

Elaine Evans
320-U Richardson Ave.
High Point, N.C. 27262

Beth Foster
4111 Flagstaff Court
Greensboro, N.C. 27406
292-0133

Kay Gallimore
2745 McKinney St.
Burlington, N.C. 27215
227-2548

Shelia Humble
Rt. 3 Box 266
Liberty, N.C. 27295
565-4762

Pam Maness
Rt. 2 Box 165
Liberty, N.C. 27298
622-2632

Cyndie Morana
3203 Fitzgerald Place
Greensboro, N.C. 27405
621-5234

Janet Nance
Rt. 2 Box 201
Moravian Falls, N.C. 28654

Janice Naylor
2845 Walton Ave. #233
Fort Worth, Texas 76133
817-294-0747

Terri Nooe
3226 Fairlane Rd.
High Point, N.C. 27260
869-3463

Kathy Peace
Rt. 4 Box 167
Thomasville, N.C. 27360
885-5568

Laura Reynolds
Route 1 Box 278
Pleasant Garden, N.C. 27313
674-2521

Neena Smith
P.O. Box 426
Biscoe, N.C.
428-2923

Paula Snipes
1009 Ferndale Blvd.
High Point, N.C. 27262
882-8880

Anette Snow
2014 S. Miami Blvd.
Durham, N.C. 27703
596-8367

Debbie Warford
121 Old Mill Rd.
High Point, N.C. 27260
869-2635

Myra D. Weavil
4685 High Point Rd.
Kernersville, N.C. 27284
769-2973

Suzanne Williams
1720 Ralee Drive
Winston-Salem, N.C. 27107
722-5368

Tanyia Williams
2345 Pine Meadows Dr.
Kernersville, N.C. 27284
869-5767

Cindy Woodford
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8¢
10¢
11¢
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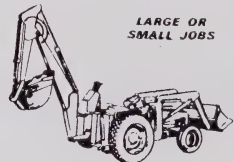
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